Bro Enlli Day Pilgrimage to Ynys Enlli /Bardsey
Monday 2nd September 2019

Led by Fr Huw

This has been very popular in recent years. Spaces are limited — book early
£30 adult £20 child
Payment in advance is needed to secure your place

Contact Susan Fogarty : 01758 703039
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If you would like to receive this newsletter electronically, please email susanafogarty@gmail.com
This helps us keep in contact with our visitors, protects the environment and reduces our printing costs

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Gwasanaethau Dydd Sul  Sunday  Services
Llanengan/Llangian 9am Holy Eucharist (English)
Llanbedrog 10am  Yr Offeren Sancaidd / Holy Eucharist (Bilingual)
Aberdaron 10am Yr Offeren Sancaidd / Holy Eucharist (Bilingual)
Pwlheli 10:30am Yr Offeren Sancaidd / Holy Eucharist (Bilingual)
Llannor 11:30am Yr Offeren Sancaidd (Cymraeg)
Llanfaelrhys 2pm Hwyrol Weddi (Cymraeg) 3yd Sul Cymun

Gwasanaethau Wythnosol  Midweek  Services
Tuesday 10:30am Pwlheli  Holy Eucharist (Bilingual)
Wednesday 10am Llanbedrog  Holy Eucharist (Bilingual)
Thursday 9:30am Aberdaron  Silent Prayer (30 min)
Thursday 10:15am Aberdaron  Pilgrim Eucharist (Bilingual)
Friday 3pm Pwlheli  Benediction and Evening Prayer
Saturday 10am Pwlheli  Holy Eucharist (Bilingual)

ALL VISITORS AND PEOPLE OF OUR LOCAL COMMUNITIES ARE WELCOME. MAE CROESO I’R HOLL YMWELWYR A PHOBL LLEOL.
“Thank you, to the people of Aberdaron” at the end of another successful Poetry & Art Festival.

This year’s festival was another great success bringing over 150 people to the village. The support of the local people was a part of that success. Eleri Stores sold tickets. Becws Islyn and Caban Sblast provided food. Garet Neigwi and Hafi Dorkins translated articles for Llanw Llŷn. Ysgol Crud y Werin, Felin Uchaf, Eglwys St Hywyn and Porth y Swnt were venues for the different events. Behind this list are many people who worked hard to ensure that everything went smoothly, including the wardens at St. Hywyn’s church taking care of two former Archbishops of Wales.

Saturday night’s concert in St Hywyn’s church with Côr Meibion Carnguwich and Menna Elfyn was the highlight for many local people.

The RS Thomas and ME Eldridge Society are already planning for next year’s festival on the same midsummer weekend in 2020.

STRAWBERRY FAIR
FFAIR MEFYS
Dydd Iau 1af Awst 1 o’gloch
Thursday 1st August from 1pm
at St Hywyn’s Church, Aberdaron
Celebrating all things strawberry !!

Art & Crafts and Children’s Activities

PWLLHELI DEMENTIA FRIENDLY COMMUNITY

Next meetings at St Peter’s church : 5pm on 3rd July & 7th August

The World Health Organisation declared dementia “a public health priority with over 850,000 people in the UK now affected. There is stigma associated to the disease often instigated through lack of knowledge. Creating dementia friendly communities will play a significant role in eradicating this stigma. Dementia can be a lonely disease with diagnosis leaving people feeling isolated leading to anxiety and depression. Wanting to contribute to and feel part of a local community is a basic human need, social inclusion and relationships are essential elements in maintaining healthy wellbeing. Dementia Friendly Communities is an Alzheimer’s Society initiative, active within many communities worldwide. Created so that people diagnosed with the condition can “live well with dementia” in their own villages and towns, it aspires to raise awareness and educate people about its effect on individuals, their families, friends and the wider community. Everyone can get involved including local governments, churches, shops, post office and any business providing a local service to customers.

Mari Ireland (Group Chair) and Donna Jones (Group Secretary), both members of BCUHB South Gwynedd Older Persons Community Mental Health Team have formed a steering group to drive this initiative forward in Pwllheli. Mari wants to makes services more accessible to those diagnosed and Donna believes that everyone should feel a valued member of their community. Theresa Ryan who works at BCUHB’s Hafod Hedd day assessment centre and Karen Hughes who is supporting her husband following a recent diagnosis are sharing treasurer’s duties. PC Liz Williams and PC Sophie Roberts of North Wales Police are also supporting Pwllheli Dementia Friendly Communities. Mari, Donna, Theresa, Liz and Sophie have all completed Dementia Champions induction training and can now offer local businesses and organisations the opportunity to become dementia friends. More information can be provided to anyone interested and, if there is interest within our Churches, then dementia friends sessions can be organised for those who want to make a difference to the lives of those diagnosed with dementia.

The group are planning to involve local schools by providing Dementia Friends sessions and helping to create dementia friendly communities for the future. Care homes will be invited to join and to help bridge the generation gap, building positive relationships to aid wellbeing.

Relaxed screenings at Neuadd Dwyfor and an inclusive hour every Tuesday at Asda Pwllheli are already in place thanks to the group’s combined efforts. Many events and initiatives are still in the planning process which are set to enable the local people of Pwllheli diagnosed with dementia to live well with the condition.

A Facebook page has been created so that information can be shared with the community regarding training days and events organised by the steering group. If you are interested in getting involved please contact the Dementia Friendly Group via email as follows :-

Mari.ireland@wales.nhs.uk or donna.jones304333@wales.nhs.uk